Fixtures for Paul Watson Trophy

| Home Team | Result | Away Team | Date | Time | Status |
|----------------|--------|-----------------|-------------------|-------|--------|
| Horsham | 1 - 3 | East Grinstead | Tue 17th Jan 2023 | 19:30 | OU |
| Lewes | 3 - 1 | Uckfield | Tue 24th Jan 2023 | 19:30 | OU |
| Crowborough | 0 - 4 | Lewes | Fri 3rd Mar 2023 | 19:30 | ov |
| East Grinstead | 2 - 2 | Bognor & Arun < | Thu 30th Mar 2023 | 19:30 | OU |
| Bognor & Arun | 2 - 2 | Lewes < | Fri 12th May 2023 | 19:30 | OU |